

Medical/Headache History Forms Instructions & Descriptions

General:

Because AHC treats headache sufferers of all types, these forms ask lots of questions – many of which may not apply to you, personally. Therefore, please follow these guidelines:

- Read through each form.
- Complete each form, as it applies to you. If a question doesn't apply, has already been answered, or doesn't make sense, you may leave it blank.
- If, as you are filling out a form, you have a question about what to do, feel free to call us, and we will help you.
- It helps if you have filled out the forms prior to your visit, because it helps prepare you to make the most of your time with us. However, we recognize that it may not always be feasible. You may always fill them out at the office when you arrive.

Form Description

- **Medical History** - This form covers your medical history in general (not your headaches), and is the same as you see at your primary doctors' office. It covers things such as: chronic medical conditions, surgeries, allergies, medications, social history, family history, and review of other symptoms.
- **Headache History** - This form covers your headache history, specifically. It covers things such as: frequency, how long they have been occurring, potential complicating factors, current treatments, alternative approaches, and prior testing.
- **Headache Description** - This form is for you to describe what you experience during a headache. It covers things such as: onset, location, severity, duration, character of the pain, associated symptoms, and triggers. ***If you have more than one type of headache, then please fill out a separate Headache Description Form for each type.***
- **Previous Medications** - This form is for you to check off all the medications you may have used/tried for headache treatment before. It may be particularly helpful if you have been on many different medications over time, or if you are having trouble recalling the names of medications you have tried in the past.

Thank you!